

“For just as in taking a walk, journeying on foot, and running are bodily exercises, so we call Spiritual Exercises every way of disposing the soul to seek and find the will of God...”

St. Ignatius Loyola
The Spiritual Exercises

Curious about the
SPIRITUAL EXERCISES
& Ignatian Prayer?

Attend an Information Session

Thursday August 9

- or -

Wednesday September 5

7-8:30 p.m

Alumni Memorial Chapel
Loyola University

Loyola University's
Office of Mission Integration
invites you to learn more about this
remarkable man and opportunities
for you to experience the prayer
tradition that he inspired.

For more information:

LUMspiritualexercises@gmail.com

