



# FROM MASS TO MISSION

Understanding the Mass and Its Significance for Our Christian Life

## Adult Faith Formation Sessions about the Mass

We know that getting to Mass can be a challenge. Family schedules are busy. Other activities intrude on Sunday. We are often catching up on housework, errands, and other family responsibilities. But the most important thing we do every week is come together and place ourselves in the presence of the loving, living God we believe in. The Mass not only heals us, uplifts and connects us, but empowers us to be people of justice in the world.

Many of you have not had to think about the meaning of the Eucharist and why we attend Mass since you or your children were preparing for First Communion. This week, we invite you to explore the Mass in a deeper, more mature way in a special five-part experience called *From Mass to Mission: Understanding the Mass and Its Significance for Our Christian Life*.

At the first session, you will receive the booklet *From Mass to Mission: Understanding the Mass and Its Significance for Our Christian Life*, an engaging resource written by Trish Sullivan Vanni. We will pray together, share our faith stories, and reflect more deeply on the meaning of the Mass.

Please call the parish office 410-486-5400 or e-mail the parish office at [charlesst@comcast.net](mailto:charlesst@comcast.net) to register for these sessions.

The information for the first session is found below:

### Topic: Why Go to Mass?

**WHEN:** SUNDAY MORNINGS @ 9:40AM, BEGINNING 3/5/17  
MONDAY EVENINGS @ 7:00PM, BEGINNING 3/6/17  
TUESDAY MORNINGS @ 11:00AM, BEGINNING 3/7/17

**WHERE:** ST. CHARLES RECTORY

**WHO:** ADULTS OF ALL AGES

#masstomission

